

**Integrated**

MECHANICAL - ELECTRICAL - FIRE ENGINEERING

Your 'indoor weather' building services

**Partner**



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A full-page photograph of a worker in a blue jacket and orange safety vest, wearing a yellow hard hat and orange gloves, working on a large industrial machine. The worker is seen from the side, focused on a task. The machine has a yellow safety bar and various metal components. The background is dark and industrial. The text 'An Introduction' is overlaid in white, with a horizontal line above the word 'An' and another below the word 'Introduction'.

—  
An  
Introduction  
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# Integrated MEP: An Introduction

The climate of change that is governing the way buildings are procured and refurbished is highlighting the need for tighter control of the ‘indoor weather’.

## Welcome to Integrated MEP.

**We are a multi-disciplined Mechanical, Electrical and Fire contractor operating from London, Manchester and Glasgow.**

As with the specification of any building element, no component exists in isolation. Increasingly, clients are seeking integrated and more cost-effective solutions to their air conditioning, ventilation and building hygiene requirements.

At the same time, important health and safety issues relating to both air handling and water hygiene have to be addressed.

From a management point of view, service and planned maintenance contracts need to be drawn up to maintain the performance of these vital building services for the lifetime of the building.

One company is taking a comprehensive view of these challenges to significantly improve facilities management in terms of specific building services, welcome to **Integrated MEP**.

### Integrated MEP will:

- **Plan and Specify**
- **Design and Budget**
- **Project Manage**
- **Plan Maintenance**

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**To specification - on time - on budget.**

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To open discussions with **Integrated MEP** or for further information please call **0161 976 7308**.





# Who We Are

## **Integrated MEP**

The multi-disciplined Mechanical, Electrical and Fire Contractor.

### **Integrated MEP Core Business Activities:**

- Air Conditioning
- Fire Protection
- Mechanical and Ventilation
- Heating and Cooling
- Coolfire
- Traditional Sprinkler Systems NFPA/FM
- Electrical Services

### **Integrated MEP can help you to:**

- Plan and Specify
- Design and Budget
- Project Manage
- Plan Maintenance
- To Specification - on Time - on Budget

# Integrated MEP: Who We Are

Integrated MEP promotes its services, expertise and support in offering Fire Protection, Air Conditioning, Mechanical & Electrical Plant solutions, and Heating and Ventilation to the commercial and industrial sectors throughout the UK and Europe.

Since its formation in Integrated MEP has expanded to cope with work on a National and European level. The Company commenced trading specifically in the area of tool and plant repair, maintenance and supply.

This developed further into the supply and maintenance of air conditioning units, which then progressed into the design, installation, and maintenance of HVAC and fire protection systems.

**Integrated MEP is now a multi-disciplined services provider**

It has specific design, engineering and installation know how with a number of dedicated divisions. The Company designs, installs, commissions and maintains HVAC systems including all aspects of state of the art environmental systems. We are familiar with, and are approved by, all major air conditioning, air handling equipment and boiler plant manufacturers.

**Integrated MEP also recognises the need for environmental good practice.**

To enable us to stay at the forefront we embrace new ideas whilst forging partnerships with other organisations with the aim to improve and develop our products and resolve challenges to meet our customer requirements.

Our philosophy is to design with quality, practicability, and economy together with ongoing maintenance and running costs in mind.

We demand that all our installations meet the highest standards of safety for our staff and customers. We give a professional service of a quality that meets the customer's demands and incorporated into this is a desire to improve all aspects of safety awareness and therefore the overall culture.

We have also recently provided a CDMC service for clients involved in our niche market Hotel Refurbishment.

**Integrated MEP undertakes the views and support of many professional bodies such as:**

- **The British Automatic Sprinkler Association (BFPSA)**
- **The Chartered Institute of Building Services Engineers (CIBSE)**
- **The Heating & Ventilation Contractors Association (HVCA)**
- **National Inspection Council for Electrical Installation Contracting (NICEIC)**

By working in partnership with **Integrated MEP**, and deriving the maximum benefit from a single supply chain, clients and their advisers can optimise the performance and efficiency of related building elements, reducing installation, operating and maintenance costs.

To open discussions with **Integrated MEP** or for further information please call **0161 976 7308**.



# Heating & Cooling Services

## Integrated MEP will:

- Partner you in your retrofit HVAC design and development plans.
- Provide proven and reliable solutions together with innovative approaches which deliver significant cost and energy savings.
- Install and service complete replacement systems without disrupting your routine.
- Introduce you to new methods of installing cooling/heating and fire protection, reducing your installation and running costs significantly.
- Bring you the benefit of experience in the use of automatic balancing valves and manifolds using plastic pipes.
- Offer you the advantage of its considerable expertise in troubleshooting water systems and pool equipment within the hotel environment.

# Integrated MEP: Heating & Cooling Services

Accommodating ideas and **reducing costs.**

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Integrated MEP specialises in the planning, design and specification of air conditioning plant and equipment with the aim of delivering significant cost savings to the client in line with 'rethinking construction' recommendations.

The services offered encompass **design, commissioning, installation and on-going maintenance.**

The division operates in two parts, each of which is devoted to a particular type of air conditioning;

**SMALL WORKS** deals with the installation and servicing of split-air conditioning units, which are primarily refrigerant-based.

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**MAJOR WORKS** deals with the installation of chilled water-based systems.

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The scope of work ranges from the installation of split units to complete four-port, three-speed fan coil units including distribution, pipe work, pumps, chillers and control systems.

Whilst Integrated MEP works across business and industry, it is particularly experienced in the hotel and leisure sector. Completed projects range from the installation of both new and retrofit air conditioning systems.

Typically, these will have been conventional four-pipe fan coil units heating two-pipe systems and water sourced heat pumps.

Completed projects include the Marriott Hotels in Peterborough and Waltham Abbey, and the Renaissance Hotel in Manchester.

As a Whitbread partner of choice, Integrated MEP has been the driving force in two major initiatives. The first (Project Igloo) focused on improving of cooling and finding innovative ways to fast track installation, reduce costs and minimise disruption.

The second (Project Firefly) focused on the achievement of similar objectives in terms of fire protection. This partnership has resulted in the development and refinement of the installation of cooling systems in hotels.

For example, the traditional approach of installing complete steel systems in valuable corridor space, together with manual valves in every room, made the balancing of water flows difficult and caused disruption to guests.

The preferred Integrated MEP approach is to use high-quality plastic and multi-layer pipe to control the flow of water around the building (the use of automatic balancing valves removes the need for water balancing).

Where appropriate, Integrated MEP prefers to install manifolds to feed a number of rooms - the manifold is placed in the roof space, allowing all balancing and isolation activities to be accessed without invading the guest's privacy.

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To open discussions with **Integrated MEP** or for further information please call **0161 976 7308.**





# Mechanical & Ventilation Services

## Integrated MEP will:

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- Ensure your new mechanical and ventilation installations comply with the strict requirements of the new Building Regulations.
- Apply the right compliance calculation methods where appropriate to demonstrate that reasonable provision has been made for the conservation of fuel and power.
- Design and commission your new boiler installation and ensure the achievement of the correct combustion and efficiency levels.
- Provide full site assembly services including fault diagnosis and the issuing of certificates.
- Advise on the availability and fitness for purpose of Enhanced Capital Allowance Schemes technologies such as boilers and motors.
- Advise on possible “trade-offs” between construction elements and heating system efficiencies.
- Provide long-term product warranties and maintenance contracts in line with your facilities management goals.

# Integrated MEP: Mechanical & Ventilation Services

Maximising performance and continuing operational efficiency.

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Changes to the Building Regulations, which encompass heating systems and mechanical ventilation, have a significant impact on new building design and construction work on existing buildings.

Heating systems must comply with the new requirements as well as Part F (adequate ventilation for health) and Part J (air for combustion appliance).

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**Part L (& J) amendments require that:**

- Where heating boilers need replacing, a new boiler must be fitted as if for a new building.
- All non-domestic boilers need to meet minimum full and part load equivalent efficiency requirements, whether fitted to new or existing properties.

In terms of air conditioning and mechanical ventilation, new performance standards apply to office environments and buildings where more than 200m<sup>2</sup> floor area is served. Locating air-handling units in accordance with CIBSE/ASHRAE recommendations adds to the design challenge.

For clients dedicated to best practice, the new regulations require the provision of a Building Log Book enabling commissioning and servicing records for the

heating plant to be maintained for continuing operational efficiency.

All of these changes have far reaching implications for building owners and managers. Integrated MEP recognises the challenge and harnesses its energy to meet the exacting requirements of all parties.

Capabilities range from system design and commissioning to site assembly and fault diagnosis.

The division supplies high efficiency boilers, control systems and air handling units, which provide intelligent solutions to the management of energy efficiency and the achievement of reduced plant operations costs.

Working independently or in conjunction with sister divisions within the group, Integrated MEP is all you need to know.

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# Coolfire & Sprinkler Systems

## Integrated MEP will:

- Enable you to reap the significant benefits of the innovative COOLFIRE combined cooling and sprinkler system.
- Bring a thorough understanding of the capital labour intensive retrofitting requirements of hotel and leisure sector.
- Provide complete and proven design and installation expertise.
- Bring you the benefit of leading edge technology, the innovative use of manifolds, autoflow valves and plastic pipes.
- Deliver strong client benefits, for example, connecting existing radiator systems with cooling units.



# Integrated MEP: Coolfire & Sprinkler Systems

Combining Cooling and Sprinkler Systems.

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Dedicated to the distribution and installation of complementary fire protection systems, in particular the patented COOLFIRE combined cooling and sprinkler system developed by Ultimate Comfort Systems in the U.S.A.

Integrated MEP holds the Global patent rights for this innovative HVAC system. Originally designed for the hotel environment, the system is proven to reduce air conditioning and sprinkler installation costs by up to 20%.

**COOLFIRE™** features innovative maintenance-free evaporative cooler systems for high quality compressor-free heating and air conditioning for both new build (hotels, managed care facilities, office buildings, and apartment developments) and for retrofitting existing commercial and industrial buildings.

The basic principle of the system is to use existing domestic hot water and fire sprinkler water line pipes as the delivery system to provide hot and chilled water to individual room fan coil units.

**Integrated MEP** delivers a number of benefits for both owners and guests.

As temperature and humidity settings are controlled by room

thermostats (and because the system uses the property's existing infrastructure) each area is provided with heating and air conditioning delivered quietly without noisy in-room air handling units.

The system is cost effective to install and lowers operating and maintenance costs. It is anticipated that revenue can be increased for the property with repeat business and higher room rates.

It is estimated that the project payback on an incremental installation cost of the system from the energy savings typically would be less than three years.

The technology has received distinguished recognition in the energy field including a first place Commercial Buildings Award from the American Society of Heating Refrigeration and Air Conditioning Engineers (ASHRAE), and the Department of Energy's "Tomorrow's Energy Today" Award.

The technology was also recognised in the "Hospitality Facilities"

category of the 2001 Energy User News Building Awards. The project being honoured saved over 54% in electrical consumption and 39% in natural gas consumption in its first year of operation. This was in comparison with the energy consumption of another building of the same size using through-the-wall position terminal air conditioners.

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A close-up photograph of an electrical control panel. The image shows several rows of terminal blocks with black wires connected to them. The background is filled with various electrical components, including a red terminal block and a green printed circuit board (PCB) with various components and traces. The lighting is warm and focused, creating a bokeh effect in the background. The text "Electrical Services" is overlaid in a large, white, sans-serif font in the center of the image. There are two short white horizontal lines, one above and one below the text.

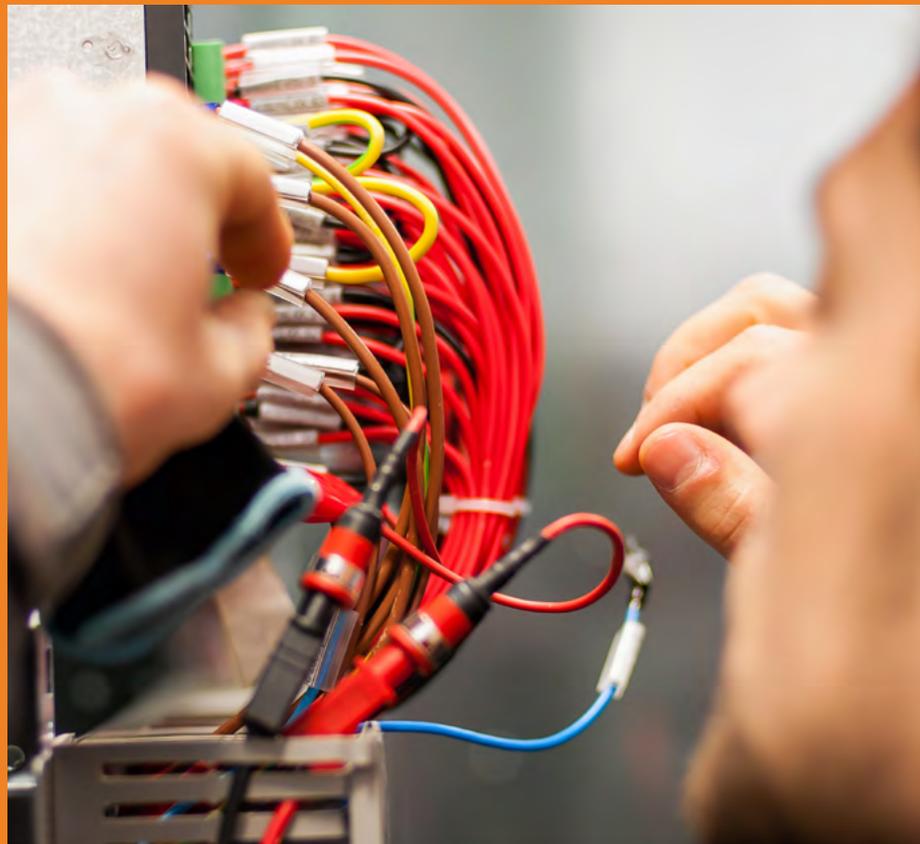
# Electrical Services

# Integrated MEP: Electrical Services

Quality Assurance, Performance and Operational Safety

## Integrated MEP will:

- Ensure cost-effective and safe use of electrical power. Electrical installations must fulfil wide ranging requirements set forth in national and international standards and regulations. Quality assurance and economic requirements are of key importance in this context. These framework conditions must be implemented and the risks and hazards involved in electricity minimised.
- Design and install electrical and mechanical systems.
- Our experience with project values ranging from £50k to in excess of £7m.
- We operate within the Hotel and Leisure, health, retail, education, industrial and commercial markets.
- Our services capability includes electrical installations, data and comms systems, CCTV, access control, fire fighting systems, emergency lighting, security systems and lighting protection.



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information please call  
**0161 976 7308.**



# Fire Protection

# Integrated MEP: Fire Protection

Integrated MEP sets the standard in protecting businesses from fire. With over 20 years experience in this field, Integrated MEP has the expertise, resources and financial stability required to meet the needs of clients and projects of any scale.

Integrated MEP undertakes the views and support of many professional bodies such as:

- The British Automated Fire Sprinkler Association (BAFSA)
- The Chartered Institute of Building Services Engineers (CIBSE)
- The Heating & Ventilation Contractors Association (HVCA)
- National Inspection Council for Electrical Installation Contracting (NICEIC)
- Building Services Research and Information Association (BSRIA)

By working in partnership with Integrated MEP and deriving the maximum benefit from a single supply chain, clients and their advisers can optimise the performance and efficiency of related building elements, reducing installation, operating and maintenance costs.

To open discussions with **Integrated MEP** or for further information please call **0161 976 7308**.





# Fire Protection: Our Expertise

# Integrated MEP: Fire Protection: Our Expertise

Integrated MEP promotes its' services, expertise and support in offering Fire Protection to the commercial and industrial sectors throughout the UK and Europe.

## Integrated MEP:

- Commercial
- Retail
- Hotels & Leisure
- Education
- Health Care
- Warehousing
- Industrial

To open discussions with **Integrated MEP** or for further information please call **0161 976 7308**.





# Fire Protection: Our Services

# Integrated MEP: Fire Protection: Our Services

## Design:

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Integrated MEP Fire Engineering are designers, installers and project managers of all forms of fixed fire protection systems. Our philosophy is to utilise high quality components in designs tailored to a client's specific requirements using the latest developments in fire engineering technology.

Our facility is one of the most modern and efficient fabrication workshops in Europe. We guarantee the highest quality of fabrication and ensure that all our personnel are trained to the highest standards.

## Installation:

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However well designed a system may be, it is the quality of installation that will guarantee performance. To this end we employ our own supervisors, site managers and site operatives, ensuring minimal disruption and the high standards demanded by our clients.

## Project Management:

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The entire contract process is managed by our experienced project management teams. This means we are able to provide the best solutions to meet your requirements throughout the life of the project and beyond.

Our project teams have years of experience in the industry, gained on some of the most prestigious and complex fire protection projects undertaken both in the UK and overseas.

We pride ourselves on the outstanding quality of our work and we like to think that quality is why many of our clients come back to Integrated MEP.

## Maintenance:

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Staying protected and compliant means ensuring your fire-protection system remains in perfect working order. An annual maintenance contract from Integrated MEP will ensure your installations operate seamlessly and continue protecting your organisation.

With comprehensive status reports supporting your maintenance contract, you'll know your system is protecting you continuously from the risk of fire. What is more, our personal service includes follow-up calls from the service team informing you of any faults in your system and the likely cost to rectify them.

Covering all elements of your fire protection, Integrated MEP provides service contracts for:

- **Sprinkler Systems**
- **Water Mist Systems**
- **Expanded Foam**
- **Gas Suppression**
- **Fire Hydrant and Hose Reels**
- **Wet Risers / Dry Risers**
- **Fire Detection and Alarm Systems**

At Integrated MEP we perform all maintenance and service work to the highest quality and standards. What's more, our work is backed by specific method statements, risk assessments and health and safety policies.

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To open discussions with **Integrated MEP** or for further information please call **0161 976 7308**.



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# Fire Protection: Protection Systems

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# Integrated MEP: Fire Protection: Protection Systems

## Automatic Sprinkler Systems:

### Fire protection with Sprinkler Systems.

Sprinklers are simple devices that are individually operated by heat from a fire. When a fire starts a plume of hot gases rise to the ceiling. If a sprinkler is present, a glass bulb or solder link gets hot and at a specific temperature (typically 68°C) breaks, releasing a plug and allowing water to flow onto a diffuser.

The diffuser breaks up the water flow into controlled droplets which penetrate the fire plume and cool the burning material to below its ignition point, thus controlling the fire. Only the sprinkler(s) effected by the fire and smoke are operated.

The sprinklers are connected to pipework, usually filled with water, which is supplied either from the water mains or from a storage tank via a pump. When a sprinkler operates, the flow of water in the pipework operates a flow switch which in turn operates an alarm system. The flow of water is small, usually less than 1/100th of the water used by the Fire and Rescue Service.

Sprinklers do not go off accidentally and are only triggered by real fires. They are also very reliable and only 1 sprinkler in 16,000,000 exhibits any form of manufacturing defect.

Sprinklers save lives, buildings, stock, assets and jobs. They also help prevent carbon gases by reducing fires.

## Water Mist Systems:

### Fire protection with Water Mist Technologies.

When space is limited or standard water sprinklers pose a risk to people or equipment, water mist solutions are an effective alternative. Originally created to protect engine spaces on ships, water mist technologies suit areas where weight and space are prime considerations.

Water mist works by enveloping the fire with fine water droplets and breaking the cycle needed for combustion. The mist creates a large surface area of water droplets, increasing cooling and controlling the hazard.

By discharging water through special nozzles at high pressure, the mist reduces the amount

of water used and the damage caused. Acting in a similar way to gas systems, water mist extinguishes fires in obstructed locations normally inaccessible for standard systems. What's more, the technology is free from environmentally hazardous gases and potentially dangerous compressed gas.

### Water mist systems are ideal for:

- Computer Rooms and Data Halls
- Hotels and Catering applications
- Listed Buildings
- Buildings with restricted space for sprinkler water supplies
- High rise buildings

To open discussions with **Integrated MEP** or for further information please call **0161 976 7308**.

# Integrated MEP: Fire Protection: Protection Systems

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## Deluge Water Spray Systems:

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Deluge Water spray systems differ from automatic sprinkler systems in that a separate (pilot or manual) activation system is required and in the event of an actuation all nozzles are open and will discharge together.

These systems are designed to protect areas where fire is likely to spread rapidly and/or where cooling of surrounding equipment is necessary.

## Foam Enhanced Systems:

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Foam systems are generally used in applications where flammable liquids are present.

Typical applications include fuel storage tanks and bund areas, petrochemical plants, aircraft hangars and facilities that store flammable or volatile liquids.

The foam not only contains extinguishing agents to put out the fire but also acts as a “blanket” to exclude oxygen “feeding” the fire and to provide vapour suppression so protecting against re-ignition.

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**Low expansion** - used at an expansion ratio of up to 20:1 is used where the foam needs to be directed at the fire. This is often used in conjunction with manned or remote control monitors.

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**Medium Expansion** - used at an expansion rate of between 20:1 and 200:1 and is where there is a need to extinguish large surface area fires. Typical examples are in fuel storage tank farms or fuel spill fires in bund areas.

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**High Expansion** - used at an expansion rate of between 200:1 and 1000:1 to extinguish large volume areas. Typical examples are for use in aircraft hangars or inaccessible areas such as tunnels and mines.

All foam systems are designed in accordance with international standards namely:-

- BS5306 part 6.1 (low expansion foams)
- FM / UL
- NFPA11 (Low, Medium and High Expansion Foams)
- NFPA16 (Foam Enhanced Sprinkler Systems)

The standard applied is dependant on application and risk.



# Integrated MEP: Fire Protection: Protection Systems



## Introducing COOLFIRE™:

Today, safety and comfort are top priorities to business. To safeguard people and assets, and to optimise productivity, Integrated MEP have developed a unique patented system.

**COOLFIRE™** Combining Air Conditioning and Sprinkler Fire Systems, into an efficient, reliable and safe system to use in any building.

## What is COOLFIRE™:

**COOLFIRE™** is a registered trademark which relates to a patented fire safety and air conditioning arrangement which combines the sprinkler and air conditioning pipework into one integrated system.

Integrated MEP holds the global patent rights for this innovative HVAC/Fire System.

To open discussions with **Integrated MEP** or for further information please call **0161 976 7308**.



# Integrated MEP: Fire Protection: Maintenance & Servicing

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By carrying out servicing and maintenance of your fire system you not only prolong the operational life of your fire protection system but also ensure that, when needed it will be in good working order. The cost of such “**peace of mind**” to protect your business, your premises, stock, machinery and people is relatively small.

**Our team can support your business by servicing your fire alarm system, emergency lighting, sprinkler systems, foam expansion systems, gaseous extinguishing systems and wet and dry riser systems.**

Our fully trained engineers carry a comprehensive range of spares, equipment, and the latest portable diagnostic software with communications ability to solve any problems as quickly and as efficiently as possible.

Integrated MEP are available 24 hours a day, 365 days a year for emergency callout throughout the UK. We react quickly and efficiently to our customers needs carrying out maintenance and service to the highest standards.

This positions Integrated MEP as the preferred fire engineering contractor for maintenance of fire protection systems.

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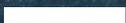
# Maintenance & Servicing



# Our Expertise

**Integrated**

MECHANICAL • ELECTRICAL • FIRE ENGINEERING



# Integrated MEP: Our Expertise

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Integrated MEP promotes its services, expertise and support in offering Fire Protection, Air Conditioning, Mechanical & Electrical Plant solutions, and Heating and Ventilation to the commercial and industrial sectors throughout the UK and Europe.

## **Business Development - Integrated MEP will:**

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- Work in partnership with our clients and their advisers to find cost-effective and long-term solutions for our Air Conditioning and Ventilation Systems.
- Provide turnkey solutions, from initial design to final handover, overcoming hurdles such as the negotiation of difficult planning consents with local authorities, landlords and management surveyors.
- Link products and services where appropriate to reduce installation, maintenance and whole life costs.
- Work as fully accountable management contractor, providing a single source of responsibility to oversee every aspect of project management and deliver a fast-track solution.

## **Commercial Department - Integrated MEP will:**

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- Review contracts and tenders.
- Provide a fully backed professional indemnity insurance scheme up to a value of £10 million.

## **Technical Services - Providing you with:**

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- Team of qualified building service engineers.
- In-house design capability.
- Using latest autocad and Hevacomp technology.

## **Operations Department - Providing you with:**

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- Individual projects are managed by a Regional Contracts Director who answers to the Managing Director.
- Following recommendations, in-house teams and processes are customer driven, focusing on the achievement of specific objectives.

## **Service & Maintenance - Integrated MEP will:**

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- From a facility management point of view, service and planned maintenance contracts need to be drawn up to maintain the performance of these vital building services for the lifetime of the building.
- Integrated MEP is taking a comprehensive view of these challenges to significantly improve facilities management in terms of specific building services.

## **Support Systems - Integrated MEP will:**

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- Integrated MEP heavily invest in and embrace the latest ICT technology.
- Integrated MEP maintain comprehensive quality, safety and core industry recognised accreditations.

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# Integrated MEP: Our Partners

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**Integrated MEP** successfully partnering a wide range of industries and business. To open discussions with **Integrated MEP** or for further information please call **0161 976 7308**.

**Partnering:**  
Hotel And Leisure

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**Partnering:**  
Retail

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**Partnering:**  
Commercial

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**Partnering:**  
Industrial

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**Partnering:**  
Public Buildings

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**Integrated**

MECHANICAL - ELECTRICAL - FIRE ENGINEERING

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Integrated MEP and Safety Vendor/Information Pack  
is supplied as a separate brochure.

Please contact **Integrated MEP** for a copy or for  
further information please call **0161 976 7308**.

Your 'indoor weather' building services

**Partner**

**INTEGRATED**

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